

Volunteer & Activities Newsletter

October
2016

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

Your Choice for Quality Care

Resident Musician

We're always thrilled when we hear that one of our residents has a hidden talent. One of our fellas plays the harmonica. This lovely lady, Roberta, plays the violin. She has a long history with music and the stage as she has been in symphony orchestras and has performed many times. So we got excited when she asked if she could have our help organizing a recital. In late August, and accompanied by Sister Mary Romeo, Roberta played some of her favorite songs for us. We hope she enjoyed playing for us as much as we enjoyed her music!



Resident Gardens



Our summer was made more beautiful by some very loving individuals! In the photos above, three of our residents took pride in helping make our raised garden beds beautiful for us. Thanks to several loving individuals who donated the flowers and the mulch, and to our Activity Aide Sherry, our flower gardens are even more beautiful than they were!



We're looking for a few great people to join our PRM nursing team! If you are, or know someone who holds a current certification as a nursing assistant, we'd love to welcome you to our second shift ! (3:00p.m.-11:00p.m.) Good wage, great benefits...

Contact our Human Resources Department today at (814)474-5521, extension 218/219 !

Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

Mary Frances & Tom Kunik
Sherry Metzenbacher
Cindy Weiland
Sheila Sauers & The Sunshine Group
Peg Magoon

Special Thanks to Anita Marsh for donating a piano!

100% of your donations are used to directly benefit the residents and are always greatly appreciated.



Congratulations to the Jolly Jesters & the Eriesistible Clowns for winning the prestigious *international* "Charlie" Award! Competing against *13 other countries & all of the U.S.A.* is quite an accomplishment! We were happy to help you make that happen & can't wait for your return!

Hard at Work!






Our Therapeutic Recreation Intern from Grand Valley State University in Michigan has reached his half-way point and seems to be enjoying every bit!

Sam Brennan, pictured below with a group of residents, has worked with kids with special needs in a camp setting in New York, adapted ocean aquatics for children with disabilities in Florida, at risk youth in Michigan, and it all started in his homeland, Scotland.

Sam has enjoyed working with our residents and rehab patients and brings such a great enthusiasm to the groups he leads. He'll finish up his internship with us around Thanksgiving and we're already thankful he chose us for the last of his college experiences!



October 2016—Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		National Pasta Month National Clock Month National Roller Skating Month National Chili Month National Book Month National PT Month	October Flower: Cosmos October Birthstone: Opal		1	2:30 Bingo 7:00 Small Group Activity
2 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	3 Rosh Hashanah 11:30 Lunch with Steve 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	4 9:30 Catholic Mass 12:30 Unit K Movie Trip 2:30 Prize Trivia 2:30 Anna Shelter Visits 7:00 Small Group Activity 	5 1:30 Unit H Trip 2:30 Bingo 7:00 Traditional Country Band	6 BOOK FAIR 9:30-4 11:15 Westlake Lunch Trip 2:00 Helen Hammett on H 1:30 Bible Study 2:30 Fall Reminiscence 7:00 Grace Episcopal	7 12:30 Unit A Trip 2:30 Pokeno 7:00 Small Group Activity	8 2:30 Penny Bingo 7:00 Small Group Activity
9 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour with John Saraceno 7:00 Mystery Bingo	10 Columbus Day 11:30 Lunch with Steve 12:30 Unit C Trip 1:30 Rosary 2:30 Sing Along 7:00 Friends Bingo	11 9:30 Catholic Mass 11:00 Resident Council 12:30 Unit G Trip 2:30 Bean Bag Throw 7:00 Small Group Activity	12 Yom Kippur  2:30 Bingo 7:00 PRM Friends Fall Dance	13 11:00 Food Committee 1:30 Bible Study 2:30 Name That Tune 7:00 Small Group Activity	14 12:30 Unit J Trip 2:30 Pokeno 7:00 Small Group Activity	15 2:30 Bingo 7:00 Small Group Activity
16 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	17 11:30 Lunch with Steve 12:30 Unit K Trip 1:30 Rosary 2:30 Sing Along 2:30 Young @ Heart 7:00 Small Group Activity	18 9:30 Catholic Mass 1:30 Unit H Trip 2:00 Liz Tomcho on H 2:30 Birthday Party with Elizabeth Tomcho 7:00 G.U.M. Bingo	19 11:00 Springfield VFW Vets Luncheon Trip 2:30 Bingo 7:00 Small Group Activity	20 12:30 Unit A Trip 1:30 Bible Study 2:30 Men's Group 2:30 Women's Group 7:00 Z Praise Performs	21 2:30 Pokeno 7:00 Small Group Activity	22 9:30 Grey Save Visits 1:00 Cimarron Visits 2:30 Penny Bingo 7:00 Small Group Activity
23/30 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	24/31 Halloween (31st) 11:30 Lunch with Steve 1:30 Rosary 2:30 Sing Along (24th) 2:30 Halloween Party (31st) with True Country 7:00 Small Group Activity	25 9:30 Catholic 12:30 Unit C T 2:00 Movie & Pizza 2:30 Southern Care Visits Pumpkin Decorating	26 12:30 Unit G Trip 2:30 Bingo 7:00 Small Group Activity	27 12:30 Unit J Trip 1:30 Bible Study 2:00 Kitchen Adventures  7:00 Small Group Activity	28 2:30 Pokeno 6:30 Evening Movie	29 2:30 Bingo 7:00 Small Group Activity



Voted West
County's Best
Senior Living
(and more!)
for four
consecutive
years!

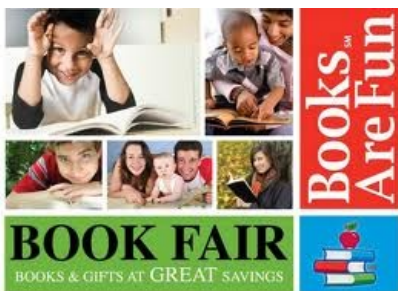


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VOLUNTEER & ACTIVITIES NEWSLETTER

KATHY DAHLKEMPER, County Executive
ANDRE HORTON, Chairman of the Board
ROBERT SMITH, Executive Director
MARY VENEZIA, Director of Nursing
ARLENE MILLER, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister



The Book Fair Returns

Thursday October 6, 2016

9:30 a.m. to 4:00 p.m.
Activities Department
Ground Floor
100% of proceeds benefit
our residents.

The West County Area
***Alzheimer's Association
Support Group***

meeting will be held at Pleasant
Ridge Manor

**Wednesday
October 12, 2016
at 6:30 p.m.**

For more information please call
Carrie Altadonna
474-5521, extension 215.