



Volunteer &

August
2020

Activities Newsletter

Your Choice for Quality Care

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

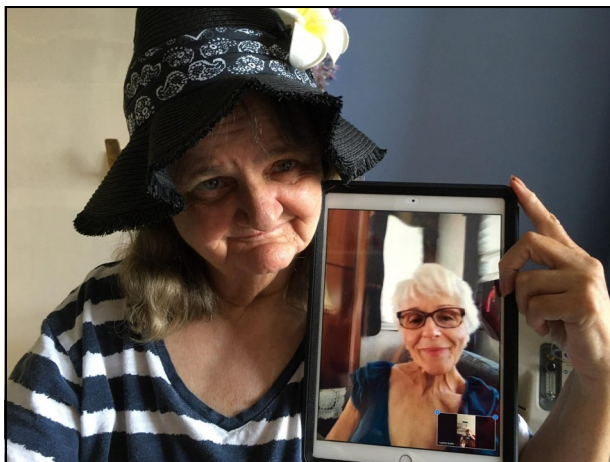
A Message From Our Administration

Thank you all for your patience, support, and understanding as we continue to care for our residents, and your loved ones, throughout this pandemic. Certainly one of the most stressful aspects of keeping everyone safe is the ongoing restriction of in-person visiting. Visiting restrictions have remained in place per the Centers for Disease Control and Pennsylvania Department of Health guidance and direction. We are committed to keeping residents connected with their loved ones in any safe way possible. We continue to encourage you to call, write, or arrange a Face Time/ Google Duo/ Zoom visit through our Activities Department.

Pleasant Ridge Manor is keeping pace with changing guidelines. When allowable, we will accommodate limited visitation in a manner that considers resident and visitor safety, and mitigates the spread of the virus in our community. This will include screening, social distancing, the wearing of facemasks, hand washing/sanitizing, etc.

As soon as in person visitation is possible, families will be notified via our phone messaging system. It will also be announced on our website and our Facebook and Twitter pages. In the meantime, stay healthy, stay connected, and know that everything we do is with safety and psychosocial needs of our residents in mind.

**Please remember our PRM Friends Forever during
Erie Gives Day August 11, 2020. Thank you.**



A Picture is Worth 1,000 Words

This is Sheri, who enjoys video visits with her sister who lives out of town. We've helped our residents talk to their family members through video chats, phone calls and window visits hundreds of times since March. We know you're anxious to see your loved one in person. That fact is not lost on any one of our staff who work so hard to not only provide all the necessary physical care and therapy, but almost more importantly right now, emotional care. They miss you. We miss you. We're doing the best we can. For them, and for you.



Activities Programming: Pandemic Style

Our Activities Aides have had to become more resourceful and more creative since March of this year. Group activities have not been permitted, residents are asked to be less social and more careful, and visitors, staff clergy and volunteers, have not been able to come in to help or visit. This leaves quite an empty space both in time, and in our hearts.

Something we have been incredibly grateful for is our subscription to IN2L programming and our IN2L computers. These computers are mobile stations that can be taken to the units so that we can provide important leisure activities and distraction. Through these computers, our Aides are able to access a wide variety of constantly updated programs and information from all over the globe. The internet is a vast source of very interesting and entertaining pictures, movies, music, programs, games, and memories. The It's Never 2 Late people do an amazing job combing the internet for us and that makes our jobs so much easier.

There are Travel sections that include slide shows, trivia, maps, and slow videos of countries, and continents. Rick Steves is even featured with his guided tours of our states. The music feature highlights classic radio shows with Gene Autry, Bob Hope and even Paul Harvey. Old drama shows like Dragnet and Bonanza are great hits as are the Beverly Hillbillies and You Bet Your Life. Residents can view, reminisce and sing along with old commercials and jingles. Lifelong learning includes the arts with Bob Ross, animal kingdom slideshows, audio books, and Ted Talks in Spanish and English. The religious section is always being updated and features hymns and scriptures.

The sensory, or soothing part of the programming is relaxing, laughter, brain fitness and discussion starters. Games like, Name That Sound are popular as are the nature videos. If you'd like to watch a video of what's available, and how we use ours, click on this youtube link:

[watch a video](https://www.youtube.com/watch?v=NjFcyKACfk&feature=youtu.be) about the IN2L ... It's Never 2 Late or,
here's a link you can type into your computer's search bar:
<https://www.youtube.com/watch?v=NjFcyKACfk&feature=youtu.be>

Memorials & Donations







We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:
Kevin Albreuczynski, Store Manager at Lowe's
Tony Viglione, Independence Court

The following donations were made to the Friends Forever in loving memory of: Mary Cilladi
By: Mrs. Evelyn Kitts

The following donations were made to the Friends Forever in loving memory of: Barbara Becker
By: Mrs. Ann Miller

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Group Activities & Performances are currently On hold until further notice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunday church services may be watched on the IN2L computers. Please contact your Activity Aide	National Fair Month National Golf Month National Parks Month National Cat-fish Month	Activities are Unit Based & in very small groups according to our CDC & Dept. Of Health Guidelines. 			AUGUST 2020	1 2:30 Bingo 7:00 Small Group Activity
2 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	3 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	4 9:30 Catholic Service 2:30 Unit Games 7:00 Small Group Activity	5  2:30 Bingo 7:00 Small Group Activity	6 1:30 Bible Study 2:30 Prize Trivia 7:00 Small Group Activity	7 2:30 Pokeno 7:00 Small Group Activity	8 2:30 Bingo 7:00 Small Group Activity
9 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	10 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	11 9:30 Catholic Service 2:00 Movie Time 7:00 Small Group Activity	12 2:30 Bingo 7:00 Small Group Activity	13 1:30 Bible Study 2:30 Word Games 7:00 Small Group Activity	14 2:30 Pokeno 7:00 Small Group Activity	15  2:30 Bingo 7:00 Small Group Activity
16 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	17 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	18 9:30 Catholic Service  2:30 Birthday Party Day! 7:00 Small Group Activity	19  2:30 Bingo 7:00 Small Group Activity	20 1:30 Bible Study 2:30 Unit Games 7:00 Small Group Activity	21 2:30 Pokeno 7:00 Small Group Activity	22 2:30 Bingo 7:00 Small Group Activity
23/30 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	24/31 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	25 9:30 Catholic Service 2:30 Unit Games 7:00 Small Group Activity	26 2:30 Bingo 7:00 Small Group Activity	27 1:30 Bible Study 2:30 Word Games 7:00 Small Group Activity	28 2:30 Pokeno 7:00 Small Group Activity	29  2:30 Bingo 7:00 Small Group Activity



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VOLUNTEER & ACTIVITIES NEWSLETTER

KATHY DAHLKEMPER, County Executive
ANDRE' HORTON, Chairman of the Board
ROBERT SMITH, Executive Director
CHARLEEN TURNER, Director of Nursing
TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

normally held at Pleasant Ridge Manor

HAS BEEN CANCELLED THIS MONTH

For more information: call Carrie Altadonna 474-5521, extension 215.

For other resources, please visit: www.alz.org or

for immediate help, dial their **24/7 HELPLINE @ 800.272.3900**



Please support the PRM Friends Forever
during this year's Erie Gives online
fundraising event! Help us meet our goal
Of \$10,000 by donating on August 11, 2020
at www.eriegives.org. Thank you.