



Volunteer &

May
2020

Activities Newsletter

Your Choice for Quality Care

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

We're Fine! How Are YOU?

We've all been challenged by what's being called our "new normal" during the past couple of months. We enter the month of May watching spring blossom from our windows; hoping that restrictions will be lifted and life can go back to our "old normal"!

Our employees are always caring and empathetic and we've had to be even more so for those in our care. This has not been an easy several weeks. Residents miss our Wal Mart and restaurant trips! They miss visiting with each other for coffee hours and scrabble games. They miss our hugs and we miss theirs.

Out of all the anxiety and negatives out there, we've seen so many positives happen for our community. Children and adults are rediscovering what it means to be a family without friends being close, without organized sporting events, and without structured educational days. Playing in the yard, cooking in the kitchen while practicing their math skills and helping dad with the chores have been the way kids are learning. Our elderly learned that way and have many fond memories.

We're doing things differently here too. Our pet therapy is done via our computers (zoo web cams) or with our "Joy for All" dogs & cats. Our sing alongs have turned into music appreciation and experiencing new and different types of music. We travel to different places around the world and play trivia games using our IN2L computers.

In-person family conversations have turned into personal letters, emails, Face Time, Google Duo or Zoom meetings.

For Easter, we had egg hunts and coloring contests. We hid eggs in resident rooms and when a person found theirs, they turned it in to Activities in exchange for a sweet treat.

In May, we're supposed to be hosting our Annual Mother's Day Brunch, but this year, we're not able to. Our residents will each enjoy a piece of that great cake that everyone loves and we'll still have the same great meal. Our ladies will get a pretty flower in a vase to brighten their day. Oh, and watch our website and Facebook page for photos of our ladies giving you a cheerful smile!

This spring certainly has presented many difficulties. Our entire staff has risen to the occasion and has safely met the challenge with cheerful, compassionate and heartfelt care. We are part of our Erie County Community and are proud of it!



Same Calendar, Different Approach

Our calendar of activities hasn't changed that much as a result of the Covid-19 virus precautions. We lead the activities as planned, but we've changed our approach to be more 1:1 and very small, socially distant groups in large rooms. Our entertainers can't come in, so we utilize other techniques to entertain like viewing music programs on our IN2L computers. Our residents are still missing their outings, their families, and our volunteers, but are generally satisfied & happy for the extra time we are spending with them.

Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor

Friends Forever:

Kathy Camp & the Sew What? Group

Diane Perez

Nancy Kerwin

Melva Alquist

Laura Patrick

Debbie Koneiczki

Margaret Lamary

The Rzodkiewicz Family

Eileen Erhart

Bridget Foust & "Mask Erie"

Fairview High School

Frannie Carnahan

The following donations were made to the Friends

Forever in loving memory of: Evelyn Rieder

By:

Craig & Kathleen Latimer

Joe & Marianne Granteed

Robert & Mareen Quirk

Mr. & Mrs. Dominic Bencivenga

Kathleen Sharples

Doug & Sheryl Rieder

Dennis & Terri Michalski

John Kupetz

Thomas & Gail Fachetti

Ann Nagoski

Mr. & Mrs. Dennis Michalski

Allen Bonace & Wm. Gonda Jr.

The following donations were made to the Friends

Forever in loving memory of: Beverly English

Heidler

By:

Kathryn Vojtko

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Our Answers to Seven Questions You May Have

1: Has anyone in our nursing home tested positive for COVID-19? *As of this publication, no. If someone at PRM would test positive, residents will be notified & their emergency contacts will be notified by phone message.*

2: What is PRM doing to prevent infections? *Staff are screened every day they report to work & are wearing masks. Staff practice good hand washing & sanitize all surfaces multiple times each day.*

3: Does our staff have the Personal Protective Environment (PPE) like masks, face shields, gowns, gloves, that they need to stay safe & keep our patients safe? *Yes. We are continuing to obtain supplies according to our needs.*

4: What is PRM doing to help residents stay connected with their families & loved ones during this time? *Our staff helps residents connect through Face Time, Zoom & other apps, along with helping with cards & emails. (see front page)*

5: What is the plan for PRM to communicate important information to both residents & families on a regular basis? *Important timely information will be communicated via our phone message system to families & directly to residents.*

6: Is PRM currently at full staffing levels for nurses, aides & other workers? *Yes, we continue to meet or exceed required staffing levels.*

7: When can residents have visitors again? *Moving into the "Yellow Phase" of reopening PA does not include lifting visitor restrictions for nursing homes. Families will be notified by phone message when restrictions are modified or changed.*

Group Activities are currently ON HOLD until further notice. All are being adapted to conform with current Covid-19 directives.

May 2020—Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Flower: Lily of the Valley Birth-stone:	National Smile Month National Photo Month National Pet Month National Nurses' Month National Inven-	1 2:30 Pokeno 7:00 Small Group Activity	2 2:30 Penny Bingo  7:00 Small Group Activity
3 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	4 1:30 Rosary 2:00 Memorial Service 7:00 Small Group Activity	5 Cinco de Mayo 9:30 Catholic Mass 2:30 Bean Bag Throw 7:00 Small Group Activity	6 2:30 Bingo  7:00 Traditional Country Band	7 2:30 Prize Trivia  7:00 Grace Episcopal Bingo	8 2:30 Pokeno 7:00 Small Group Activity	9 2:30 Bingo  7:00 Small Group Activity
10 Mother's Day 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour with Z Praise 7:00 Mystery Bingo	11 NATIONAL 1:30 Rosary 2:30 Sing Along  7:00 Friends Bingo	12 NURSING 9:30 Catholic Mass 11:00 Resident Council 2:30 Music & Games 7:00 Small Group Activity	13 HOME 2:30 Bingo  7:00 Small Group Activity	14 WEEK 11:00 Food Committee (tentative) 1:30 Bible Study 2:30 Word Games 6:30 Evening Movie	15 2:30 Mike & Marie Miller Play 7:00 Small Group Activity	16 Armed Forces Day  2:30 Penny Bingo 7:00 Small Group Activity
17 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour John Saraceno 7:00 Mystery Bingo	18 1:30 Rosary 2:30 Sing Along 2:30 Young @ Heart  7:00 Small Group Activity	19 9:30 Catholic Mass 2:00 Todd Morton on H 2:30 Birthday Party with Todd 7:00 G.U.M. Bingo	20 2:30 Bingo  7:00 Small Group Activity	21  1:30 Bible Study 2:30 Men's Group 2:30 Women's Group 7:00 Liz Tomcho on stage	22 2:30 Pokeno 7:00 Small Group Activity	23 2:30 Bingo  7:00 Small Group Activity
24/31 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	25 Memorial Day 1:30 Rosary 2:30 Sing Along 2:30 Party with Jam Stars! 7:00 Small Group Activity	26 9:30 Catholic Mass 2:00 Movie & Pizza  7:00 Small Group Activity	27 2:30 Bingo 7:00 Small Group Activity	28 1:30 Bible Study 2:30 IN2L Games 7:00 Volleyball	29 2:30 Pokeno 7:00 Small Group Activity	30 2:30 Penny Bingo  7:00 Small Group Activity



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VOLUNTEER & ACTIVITIES NEWSLETTER

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MARY VENEZIA, Director of Nursing
TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

meeting scheduled for Wednesday, May 13, 2020

Has been cancelled.

For more information or additional resources:

call Carrie Altadonna 474-5521, extension 215



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Please check our website & Facebook page
for photographs

Of our lovely ladies from Mother's Day!