

# Volunteer & Activities Newsletter

*Your Choice for Quality Care*

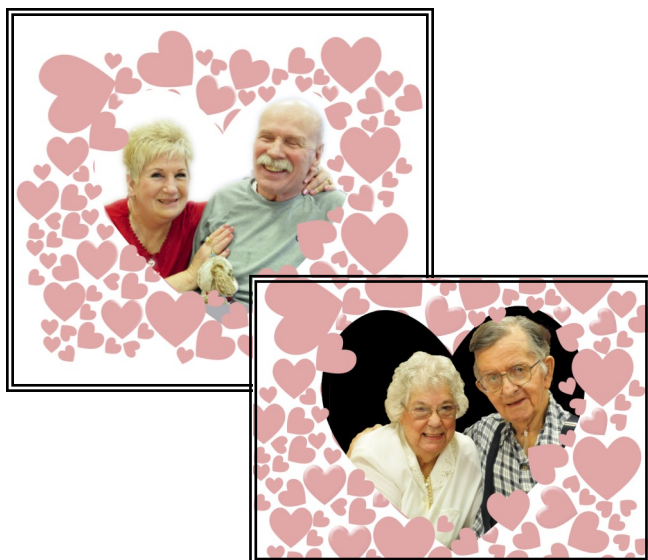
March  
2017

PUBLISHED MONTHLY  
BY PLEASANT RIDGE  
MANOR FRIENDS  
FOREVER

## Valentine's Day

This year's Valentine's Day was especially memorable. Eighteen of our lovely resident couples participated in a very special, deliciously romantic meal that afternoon. Starting with a fresh berry & whipped cream dip appetizer and sparkling grape juice each toasted to each other before digging in to the entrée. Our Dietary Team prepared a delicious garlic & roasted red pepper pasta dish. Beautifully decorated cupcakes were just the right touch for dessert.

Guitarist, Mark Morris provided great entertainment for a large crowd that afternoon and everyone enjoyed a sweet treat during our Valentine's Day party.



## Annual Pancake Races

Our pancake races took place well after our newsletter went to print, so be sure to check for an update on our website: [www.pleasantridgemanor.com](http://www.pleasantridgemanor.com), check our Facebook page and look for our tweets on Twitter!

The Friends Forever Spring Book & Gift Fair is scheduled to take place on:

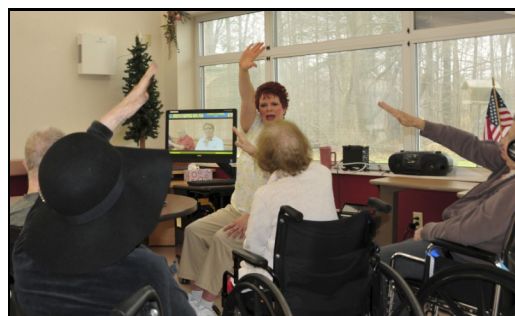
**Thursday,  
March 30th  
from 9:30-4:00**



There will be tons of great gifts and terrific books on sale that day. You may use cash, check, or credit. Employees will have payroll deduction available for their convenience. Remember that 100% of our profit goes directly to our residents! This year's project is the reno-

**It's Never 2 Late**   
dignity through technology

We're pleased to announce that we are acquiring another IN2L computer system for our Speech & Therapy Departments! We've been using this innovative computer technology for a few years and we've seen marked improvements in the way residents are engaged in their therapy. This newer machine was funded by a partial grant from the Erie Community Foundation, and by our Volunteers, the Pleasant Ridge Manor Friends Forever. Pictured below is our Activity Aide, Sharon, leading a group of exercises using the IN2L.



## Memorials & Donations

*We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:*

*Willow Run Training Group  
James Meeder  
Shirlene Twaroski  
Adalie Wunz  
PRM Department Heads  
Thomas Hopkins  
Jose Torres*

*The following donations were made to the Friends Forever in loving memory of: **Janet King**  
By:*

*Don & Linda McKeever*

*The following donations were made to the Friends Forever in loving memory of: **William John Sheffer**  
By:*

*Mary Grill  
Michael & Sue Platz  
John & Susan Cianella*

*The following donations were made to the Friends Forever in loving memory of: **Helen Bellingham**  
By:*

*Greg & Carolyn Heidt  
Mary Lombardozzi & Family  
Mr. & Mrs. Fachetti  
Patty Cummings  
Paul & Dorothy Serwinski  
Dan & MaryLou Serwinski  
Linda Soles  
Alan & Carolyn Karrfalt  
Walt & Joanie Kraskinski  
Lisa DiPlacido & Jose Vaiasicca  
Dan & Terry Casane  
Helen Allen*

*The following donations were made to the Friends Forever in loving memory of: **Donna Butch**  
By:*

*Lisa Butch*

*100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.*



We work hard all year long, but most especially during the cold and flu season, to keep all our loved ones here healthy and happy.






This past summer, we completed the installation of the Novaerus system throughout the building. This technology is adopted in over 30 countries. It scrubs the air using a unique plasma field to reduce or eliminate harmful airborne pathogens. The Novaerus technology can be found in healthcare, education, hospitality and other commercial institutions across the globe. Combined with keeping all our surfaces, knobs, handrails, and even elevator buttons clean and consistent hand washing, we've been very successful at keeping germs at bay this winter!

For more information, visit the company's website at: [www.novaerus.com](http://www.novaerus.com).



# MARCH 2017—Volunteer/Activities Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>...in like a lion, out like a</i></p>		<p>National Pothole Month</p> <p>National Nutrition Month</p> <p>National Noodle Month</p> <p>National Kidney Month</p>	<p>1 Ash Wednesday</p> <p>12:30 Unit G Trip</p> <p>2:30 Bingo</p> <p>7:00 Traditional Country Band</p>	<p>2 11:15 Westlake Trip</p> <p>1:30 Protestant Communion Service</p> <p>2:00 Helen Hammett on H</p> <p>2:30 Prize Trivia</p> <p>7:00 Grace Episcopal Bingo</p>	<p>3</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>4</p>  <p>2:30 Penny Bingo</p> <p>7:00 Small Group Activity</p>
<p>5 9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour with Johnny G</p> <p>7:00 Mystery Bingo</p>	<p>6 11:30 Lunch with Steve</p> <p>12:30 Unit C Trip</p> <p>1:30 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Small Group Activity</p>	<p>7 9:30 Catholic Mass</p> <p>1:30 Unit H Trip</p> <p>2:30 Volleyball</p> <p>7:00 Misery Bay Dulcimer Club</p>	<p>8 11:30 Unit J Trip</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>9 1:30 Bible Study</p> <p>2:00 Spring Crafts</p> <p>7:00 IN2L Game</p>	<p>10 11:30 Unit A Trip</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>11</p>  <p>7:00 Small Group Activity</p>
<p>12 Daylight Saving Time</p> <p>9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour with John Saraceno</p> <p>7:00 Mystery Bingo</p>	<p>13 11:30 Lunch with Steve</p> <p>1:30 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Friends Bingo</p>	<p>14 9:30 Catholic Mass</p> <p>11:00 Resident Council</p> <p>12:30 Unit K Trip</p> <p>2:00 Movie &amp; Pizza</p> <p>7:00 Small Group Activity</p>	<p>15 12:30 Unit J Trip</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>16 11:00 Food Committee</p> <p>12:30 Unit G Trip</p> <p>1:30 Bible Study</p> <p>2:30 Pokeno</p> <p>6:30 Evening Movie</p>	<p>17</p>  <p>2:30 St. Patrick's Day Party with True Country</p> <p>7:00 Small Group Activity</p>	<p>18 9:30 Grey Save Visits</p> <p>2:30 Penny Bingo</p> <p>7:00 Small Group Activity</p>
<p>19 9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Mystery Bingo</p>	<p>20 11:30 Lunch with Steve</p> <p>1:30 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Young @ Heart</p> <p>7:00 Small Group Activity</p>	<p>21 9:30 Catholic Mass</p> <p>12:30 Unit A Trip</p> <p>2:00 Liz Tomcho on H</p> <p>2:30 Birthday Party with Elizabeth Tomcho</p> <p>7:00 G.U.M. Bingo</p>	<p>22 12:30 Unit C Trip</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>23 12:30 Unit G Trip</p> <p>1:30 Bible Study</p> <p>2:00 Kitchen Adventures</p> <p>7:00 Beth Edwards Plays</p>	<p>24 1:30 Unit H Trip</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>25</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>26 9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Mystery Bingo</p>	<p>27 11:30 Lunch with Steve</p> <p>11:30 Unit A Trip</p> <p>1:30 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Small Group Activity</p>	<p>28 9:30 Catholic Mass</p> <p>2:30 Z Praise Performs</p> <p>7:00 Volleyball</p>	<p>29 12:30 Unit K Trip</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>30 11:30 Lunch with Steve</p> <p>1:30 Rosary</p> <p>2:30 Men's Group</p> <p>2:30 Women's Group</p> <p>7:00 Erie Heights Brass Band</p>	<p>31 12:30 Unit J Trip</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>March Birthstone: Aquamarine</p> <p>March Flower: Daffodil</p>



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(and more!)  
for over four  
consecutive  
years!



8300 West Ridge Road  
Girard PA 16417  
Phone: (814) 474-5521  
Fax: (814) 474-2307

[www.pleasantridgemanor.com](http://www.pleasantridgemanor.com)

**VOLUNTEER & ACTIVITIES NEWSLETTER**

KATHY DAHLKEMPER, County Executive  
JAY BRENEMAN, Chairman of the Board  
ROBERT SMITH, Executive Director  
MARY VENEZIA, Director of Nursing  
ARLENE MILLER, President, PRM Friends  
CO-EDITORS: LeeAnn Krahe,  
Jane Dorler & Mary Beth Pfister

The West County Area ***Alzheimer's Association Support Group***

meeting will be held at Pleasant Ridge Manor

**Wednesday March 8, 2017 at 6:30 p.m.**

For more information: call Carrie Altadonna

474-5521, extension 215.

***Books Are Fun Returns for the Spring on***

***Thursday, March 30th***

***From 9:30-4:00***

***Be sure to shop for all your Easter gifts here! Books, toys, and other***

***Fun gifts will be available at big discounts!***



Like us on  
**Facebook**

follow us on  
**twitter**



***Cash, Check, Credit, payroll deduction (PRM employees only)***