



Volunteer &

July
2020

Activities Newsletter

Your Choice for Quality Care

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

We Thank You for Your Patience

As of the date of this publication, Erie County is scheduled to enter the Green Phase of the pandemic response. "Going Green" does not change the restrictions that are in place for Congregate Care Facilities, including skilled nursing facilities.

Pleasant Ridge Manor is required to continue restricting visitors. We encourage family members to stay in touch with their loved ones by phone, email, and/or arranging a Face Time, Skype, or Zoom visit through our Activities Department; call Jane Dorler at (814) 474-5521, ext. 261 to arrange this. Family members are also encouraged to participate by phone in their loved one's care plan meetings.

Our staff will continue to be screened when they report to work, and all precautions, such as the use of personal protective equipment and sanitation practices, that we have put in place for the protection of our residents and staff will continue.

We will continue to follow the CMS guideline of reporting to residents/responsible parties any instances of a COVID 10 confirmation of staff or resident within the facility.

We know that residents and families are eager to visit in person. AS soon as this is permitted, residents will be notified and families will be notified by phone, as well as an announcement on our Facebook page and website.

Bird Watching Has Become Very Popular Lately

We have a new appreciation for our beautiful campus and bird watching! Among the beautiful creatures we see out our windows are cardinals, blue jays, golden finches, chickadees, robins, sparrows, dove, pigeons, turkeys, cedar waxwings, nuthatches, tufted titmouses, and of course, the squirrels, bunnies and the chipmunks.

We've had hawks of all sorts and if we're lucky, we get to see a few eagles flying overhead. And then sometimes, we see the deer in the woods, the occasional opossum and a few woodchucks here and there.

Our courtyards are a great place to sit and watch the birds in the trees and a walk around the building gives us fresh air, natural vitamin D and an overall good feeling!



Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

Lynn Neibel
The Plastek Group
Karen Kollar
Nancy Kernin
Grace Church
Optum

PPE donation from 360 Care.

The following donations were made to the Friends Forever in loving memory of: Mary Cilladi

By:
The Cilladi Family
Atty. Evan Adair
Dennis & Shirley Williams

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.



We Need Your Help!

The Friends Forever Capital Campaign will be used to renovate the Physical Therapy Gym. We help our residents daily reshape and regain lost abilities, and we want to continue to succeed in the most up-to-date setting possible.

You can contribute by clicking on the donation button on our website. THANK YOU for anything you can offer help us reach this goal for the continued benefit of our residents!

You may also give during the 2020 Erie Gives online donation campaign on Tuesday, August 11th. Your donation will be matched by a percentage by the Erie Community Foundation making your money go even further!

For details, contact LeeAnn Krahe @ (814)474-5521, ext 260.

We're Missing Our Junior Aides & Volunteers!


















We welcome students from our community each June for the Junior Aide Program. This year, the first since we can remember, we won't be offering this program.

Each of you add a great deal of joy to the lives of our residents, their families and our employees. Our Junior Aides are instrumental to our operation during the summer and offers so many great opportunities for the students enrolled.

We miss each and every one of you and wish you all the very best. We can't wait for the day we get to tell you, "C'mon in!" So until that happens, send us a note to share with our residents and know that we love you!

Pictured at left, Unit Secretary Laura, stands in front of a metal flag she won and donated to the caregivers at Pleasant Ridge Manor. In a contest hosted by metalheadsusa.com, Laura entered and nominated the co-workers at Pleasant Ridge. Thanks, Laura, and those creative minds at Metal Heads! It's amazing!

Group Activities & Performances are currently **ON HOLD** until further notice.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
JULY 2020—Volunteer/ Activities Calendar 			1 2:30 Bingo  7:00 Traditional Country Band	2 2:30 Prize Trivia 7:00 Grace Episcopal Bingo	3 2:30 Pokeno 7:00 Small Group Activity	4  2:30 4th of July Celebration 7:00 Small Group Activity
5 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	6  1:30 Rosary 2:30 Music Time 7:00 Small Group Activity	7 9:30 Catholic Mass 2:30 Unit Games 7:00 Small Group Activity	8  2:30 Bingo 7:00 IN2L Game	9 1:30 Bible Study 2:30 Unit Games 7:00 Small Group Activity	10 2:30 Pokeno 7:00 Small Group Activity	11  2:30 Bingo 7:00 Small Group Activity
12 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour with John Sara- ceno 7:00 Mystery Bingo	13  1:30 Rosary 2:30 Music Time 7:00 Friends Bingo	14 9:30 Catholic Mass 11:00 Resident Council 2:00 Word Games 7:00 Small Group Activity	15  2:30 Bingo 7:00 Small Group Activity	16 11:00 Food Com- mittee 1:30 Bible Study 2:30 Bean Bag Toss 7:00 Small Group Activity	17 2:30 Pokeno  7:00 Small Group Activity	18  2:30 Penny Bingo 7:00 Small Group Activity
19 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	20  1:30 Rosary 2:30 Music Time 7:00 Small Group Activity	21 9:30 Catholic Mass  2:30 Birthday Party Day! 7:00 G.U.M. Bingo	22  2:30 Bingo 7:00 Small Group Activity	23 1:30 Bible Study 2:30 Unit Crafts 7:00 Small Group Activity	24 2:30 Pokeno 7:00 Small Group Activity	25  2:30 Bingo 7:00 Small Group Activity
26 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	27  1:30 Rosary 2:30 Music Time 7:00 Small Group Activity	28 9:30 Catholic Mass 2:30 Movie Time 7:00 Small Group Activity	29  2:30 Bingo 7:00 Small Group Activity	30 1:30 Bible Study 2:30 Unit Games 7:00 Liz Tomcho Plays		



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County's Best
Senior Living
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eight
consecutive
years!

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VOLUNTEER & ACTIVITIES NEWSLETTER

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ROBERT SMITH, Executive Director
CHARLEEN TURNER, Director of Nursing
TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

normally held at Pleasant Ridge Manor

HAS BEEN CANCELLED THIS MONTH

For more information: call Carrie Altadonna 474-5521, extension 215.

For other resources, please visit: www.alz.org or

for immediate help, dial their **24/7 HELPLINE @ 800.272.3900**

The Friends Forever Capital Campaign continues despite
the pandemic. We really want to start the renovation of
Our Physical Therapy Gym and YOU can help!

Visit our website: www.pleasantridgemanor.com and click
on the DONATE button today or go to: www.eriegives.org on August
11th to make your tax deductible online donation. We'll receive a pro-
rated match from the Erie Gives Foundation so your
money goes further!