

Volunteer &

February
2021

Activities Newsletter

Your Choice for Quality Care

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

What Did YOU Do In January?!

January has always been a month of collective sighs as we transition from a month full of beautiful lights, trees, cards, and gifts to a month of snow and cold.

One of our highlights mid January was the PA Farm Show and their live Duckling Cam. We all have some common interests in farming. We eat food grown on farms, some of us grew up on farms, and here in Girard, we have neighbors who own farms.

We enjoyed watching the square dancing online as well. It brought back many great memories of dancing, and square dancing in those great costumes back in the "good ol' days".

We were also able to begin holding our group activities once again, under social distancing and safe masking guidelines. It was so great to play bingo with our friends again.

Our IN2L machines and iPads have been certain blessings during this tough fall. The IN2L-computers have a wealth of programs and activities that can be used at safe distances for entertainment, church services, and music.

We were blessed with 6 iPads & headphones early in 2020 that we use for virtual visits. We find that they are very beneficial for window visits as well because conversations can be more private.

We look forward to the time we can resume in person visits in our dining room or courtyards, but until then, please call us if you'd like to schedule a virtual visit. (814)474-5521, ext. 261.



COVID-19 Vaccine Update

Pleasant Ridge Manor has participated in the Federal Pharmacy Partnership Program which helps residents and staff in long-term care facilities such as ours get COVID-19 vaccinations. Together with our pharmacy partner, CVS, a Vaccination Clinic was held on December 28th and 29th. At that time, the first dose of this two-dose vaccine series was administered.

On January 18th & 19th, a second Vaccination Clinic was held. At this Clinic, the second dose was administered, as well as the first dose for those who did not receive their first dose in December. Presently, subsequent clinics are scheduled for February 8th, March 1st, and March 22nd.

Participants in our Vaccination Clinics receive the Pfizer-BioNTech COVID-19 vaccine.

Vaccinations are an important line of defense against this virus, and we are grateful to have had the opportunity to participate in this vaccination program. Please visit our website, where you can find more information about the vaccination.

We continue to diligently practice other CDC guidelines for mitigating the virus, including, but not limited to, the wearing of masks, social distancing, and testing protocols.



Share Your Love!

Valentine's Day is a wonderful time to let your family know you love them. As always, we encourage you to send your Valentines to your loved ones. Please remember to put their names on the envelopes and we'll make sure they receive them as soon as they come in!

Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

*Maureen Jeffreys
Georgianne Lethbridge
Janie Hagen*

*St. Peter & Paul Byzantine Social Fund
Terri Lynn Aulenbacher
Mr. & Mrs. Robert Gandley*

We extend our sincere apologies to Nancy Wentworth and her family for incorrectly identifying their donation in our last newsletter. The donation was made in Honor of Nancy and made to benefit her and her friends on her unit.

*The following donations were made to the Friends Forever in loving memory of: Nancy Kueczynski
By:*

*Debbie Danielewicz
Laurie Bulkley & Family
Doug Owens
Dolly Owens
Joe Owens & Family
Millie Roth & Family
Don & Debbie Owens
Mike & Darlene Owens*

*The following donations were made to the Friends Forever in loving memory of: Elmer Tau
By:*

Sharon DiSantis

*The following donations were made to the Friends Forever in loving memory of: Marilyn Hudy
By:*

*Debra Seneta
Terry Ward
Amanda Trick
Mr. & Mrs. Al Parra
Sharon DiSantis.*

Memorials & Donations

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Your Contributions Help Support Us in the Following Areas:

- ◆ Capital improvements for PRM such as the renovation of our interfaith chapel area, the Activities & Dementia Unit lounges and our current campaign, the \$70k planned renovation of our PT gym.
- ◆ Adding to the Recreation Program on our Dementia Wing.
- ◆ Helping our Recreation Department & Volunteers purchase Christmas gifts for all our residents.
- ◆ Flowers and vegetables for our garden areas for our Recreation Department to use.
- ◆ Free internet for our residents & technology upgrades













If you'd like to make a donation by check, please make it payable to the PRM Friends Forever and mail it in Attn: LeeAnn Krahe to 8300 West Ridge Road, Girard, PA 16417.

If you'd like to make an online donation, please visit our website at: www.pleasantridgemanor.com and click on the "Donate" button at the top & bottom of our page.

100% tax deductible
100% used for residents
100% Volunteer run Friends Forever!



February 2021—Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>WE</p>  <p>YOU!</p>	<p>1</p> <p>1:30 Rosary 2:30 Music Games</p> <p>7:00 Small Group Activity</p>	<p>2 GROUNDHOG DAY</p> <p>9:30 Catholic Mass</p>  <p>2:30 Bean Bag Toss</p> <p>7:00 Small Group Activity</p>	<p>3</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>4</p> <p>2:30 Prize Trivia</p> <p>7:00 Small Group Activity</p>	<p>5</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>6</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>7 SUPER BOWL LV</p> <p>9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee H</p>  <p>7:00 Mystery Bingo</p>	<p>8</p> <p>1:30 Rosary</p> <p>2:30 Music Time</p> <p>7:00 Small Group Activity</p>	<p>9</p> <p>9:30 Catholic Mass</p> <p>2:30 Games & Music</p> <p>7:00 Small Group Activity</p>	<p>10</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>11</p> <p>1:30 Bible Study</p> <p>2:30 Arts & Crafts</p> <p>7:00 Small Group Activity</p>	<p>12</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>13</p> <p>2:30 Bingo</p>  <p>7:00 Small Group Activity</p>
<p>14 VALENTINE'S DAY</p> <p>9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Mystery Bingo</p>	<p>15 PRESIDENT'S DAY</p>  <p>1:30 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Small Group Activity</p>	<p>16</p> <p>9:30 Catholic Mass</p>  <p>2:30 Birthday Party Day!</p> <p>7:00 Small Group Activity</p>	<p>17</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>18</p> <p>2:30 Games & Music</p> <p>7:00 Small Group Activity</p>	<p>19</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>20</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>21</p> <p>9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Mystery Bingo</p>	<p>22</p> <p>1:30 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Small Group Activity</p>	<p>23</p> <p>9:30 Catholic Mass</p> <p>2:00 Movie Time</p> <p>7:00 Small Group Activity</p>	<p>24</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>25</p> <p>2:30 Unit Games</p> <p>7:00 Small Group Activity</p>	<p>26</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>27</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>28</p> <p>9:30 Catholic Mass</p> <p>1:30 Protestant Church</p> <p>2:15 Coffee Hour</p> <p>7:00 Mystery Bingo</p>	<p>We Love and Miss our volunteers and we can't wait until you can come back!</p>	<p>YOU'RE</p>  <p>BEARY SPECIAL!</p>		<p>Group Activities are still limited by numbers of people who remain socially distanced.</p> <p>We are not permitted to allow en- tertainers to enter.</p> <p>Thank you for your patience and understanding.</p>		<p>Birth- stone: Amethyst Flower: Violet</p>



Voted West County's Best Senior Living (and more!) for over *eight* consecutive years!



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VOLUNTEER & ACTIVITIES NEWSLETTER

KATHY DAHLKEMPER, County Executive
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CHARLEEN TURNER, Director of Nursing
TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

Normally held at Pleasant Ridge Manor

Will NOT take place in February

For more information: call Carrie Altadonna 474-5521, extension 215.

For other resources, please visit: www.alz.org or

For immediate help, dial their 24/7 HELPLINE @ 800.272.3900

We appreciate your referrals!

If you are, or know anyone in need of the County's best rehabilitation
And/or long term care, please share our Contact Information.



For information, please contact:

Nancy Payne: Admissions Coordinator—814-474-5521, ext. 216

npayne@pleasantridgemanor.com

