



Volunteer &

April/May
2021

Activities Newsletter

Your Choice for Quality Care

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

New Visiting Guidelines!

We are happy to announce that our visitation guidelines now allow for more opportunities for you to visit with your family! This announcement was made in late March and beginning 3/31/2021 we welcomed family members & friends into our building.

If you've missed the guidelines, here are a few key points:

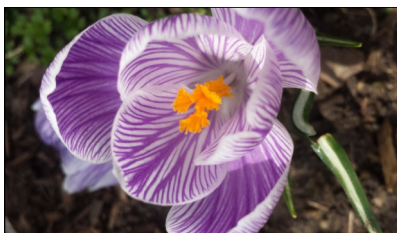
Hours: Mon./Wed./Fri./Sat./Sun. 10am-2pm
Tues./Thurs. from 4 pm-7pm.

Masks are mandatory, 2 visitors at a time, must go to the resident room if it's a private room or to the visit area and back only if there's a roommate. You may *only* embrace if the resident has been vaccinated.

We suggest calling ahead preferably the day before to make sure there will be space available. We're not limiting visit time, but suggest perhaps an hour so that others will be able to receive visitors. Weather permitting you may visit in outside courtyards.

There is no change to the compassionate care visit process, and our guidelines are subject to change based on the changes made by CMS, the CDC, and our Pa DOH.

Please contact our Screener at extension 256 and ask for visit area availability. Our RN, Infection Preventionist is available at 207 to answer other questions you may have.



Together Through the Seasons

"Together Through the Seasons" is the theme of this year's National Skilled Nursing Care Week, as announced by The American Health Care Association (AHCA). Per their announcement, the AHCA chose this theme to "honor the collaborative commitment of skilled nursing care facilities and their staff in providing compassionate care to their residents during this unprecedented time". This week begins with Mother's Day, May 9th. We have a long-standing tradition of reminiscing with our residents about their own mothers. Many of these memories are willingly posted and hung in our ground floor corridor for everyone to enjoy. A special meal for the residents is planned, and all of our ladies will receive a corsage, made and gifted by Elk Valley Garden Club members. We're so happy that the Garden Club ladies will be making these corsages in the same way they've done for a long, long time! We look forward to enjoying special activities throughout that week with our residents.

(Photos below are from previous nursing home week events.)



Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

*Valentines from Aly & River of Life Chiropractic
And from the folks at WCTL Radio*

*Large Print Books from Jennefer Cornwell
In Honor of Her Mother Phyliss Case*

*Fabulous Clothing Protectors from
Susan Harper*

The following donations were made to the Friends Forever in loving memory of: Marilyn Hudy

*By:
Jay & Cheryl Watters*

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Did you know that many employers offer matching donations? If you are making a donation, check with your employer to see if they'll contribute a matching donation from their company! We currently receive matching funds from Erie Insurance and Wal-Mart/Sam's Club.



We're On Our Way!

Our Physical Therapy Gym Renovation Capital Campaign is off and "running"! In our March newsletter, we included a flyer offering sponsorship levels to our donors. We're so thankful to those who responded and want to remind everyone that there is still time to get involved! Here are the current results:

Our 'Steppers' are:

Eileen Erhart
Roger & Nancy Latimer (in memory of Karen McDougall)
William & Carol Amick
Lorraine Yeast

Our 'Power Walkers' are:

Betty Barnhardt
Jenn Edwards
Rosalie Tellers
Theresa Demenik
Sally & Gene Hough

Our 'Runners' are:

Linda Drake (Super runner)
Anna Porter
Joyce Dion
Kevin Clark
Mary Yates
Keith & Kathy Jones

Our 'Marathoners' are:

James Meeder (in memory of Todd Meeder)
Constance Brereton

















If you'd like to contribute to this fund, please make your check payable to: PRM Friends Forever, indicate "PT GYM" in the memo line and mail to: PRM Friends Forever, 8300 West Ridge Road, Girard, PA 16417.

You may also make an online donation by following this link on our website:

<https://pleasantridgemanor.egovpayments.com/egov/apps/payment/center.egov?view=form;page=1;id=899>

Or click on the red donation button at the top of our web page.

May 2021—Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 	National SMILE Month National Pet Month National Bike Month National Inventors' Month				Flower: Lily of the Valley Birthstone: Emerald	1 2:30 Bingo 7:00 Small Group Activity
2 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	3 1:30 Rosary 2:30  7:00 Small Group Activity	4 9:30 Catholic Service 2:30 Unit Games 7:00 Small Group Activity	5  2:30 Bingo 7:00 Small Group Activity	6 1:30 Bible Study 2:30 Mother's Day Ladies Tea 7:00 Small Group Activity	7  2:30 Pokeno 7:00 Small Group Activity	8 2:30 Bingo 7:00 Small Group Activity
9 MOTHER'S DAY 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	10 1:30 Rosary 2:30 Music Time 7:00 Small Group Activity	11 NATIONAL 9:30 Catholic Service  2:00 Movie Time 7:00 Small Group Activity	12 NURSING HOME 2:30  7:00 Small Group Activity	13 WEEK 1:30 Bible Study 2:30 Word Games  7:00 Small Group Activity	14 2:30 Pokeno 7:00 Small Group Activity	15  2:30 Bingo 7:00 Small Group Activity
16 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	17 1:30 Rosary 2:30  7:00 Small Group Activity	18 9:30 Catholic Service  2:30 Birthday Party Day! 7:00 Small Group Activity	19 2:30 Bingo 7:00 Small Group Activity	20 1:30 Bible Study 2:30 Unit Games 7:00 Small Group Activity	21 2:30 Pokeno 7:00 Small Group Activity	22  2:30 Bingo 7:00 Small Group Activity
23/30 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Mystery Bingo	24/31 Memorial Day 1:30 Rosary 2:30 Music Time (24th) 2:30 Memorial Day (31st) 7:00 Small Group Activity	25 9:30 Catholic Service 2:30 Unit Games 7:00 Small Group Activity	26  2:30 Bingo 7:00 Small Group Activity	27 1:30 Bible Study 2:30 Word Games 7:00 Small Group Activity	28 2:30 Pokeno 7:00 Small Group Activity	29 2:30 Bingo 7:00 Small Group Activity



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VOLUNTEER & ACTIVITIES NEWSLETTER

KATHY DAHLKEMPER, County Executive
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TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

meeting will not be held at Pleasant Ridge Manor

During the months of April and May

For more information: call Carrie Altadonna 474-5521, extension 215.



Like us on
Facebook

National Nursing Home Week is

May 9-15, 2021

and we'll be celebrating with our

residents, their wonderful lives!

If you'll be recognizing your favorite resident with a card, please make sure you address your correspondence with their Name & Unit.

If you're not sure of the room number, please call (814)474-5521, 0.

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