



Volunteer & Activities Newsletter

Your Choice for Quality Care

January
2022

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

December Was Beautiful

The winter took its time decorating our town with snow this year. Warmer weather in mid December made us anxious for a white Christmas. Mother Nature took her time making that happen and only a few flakes fell.

Our Activities Aides worked so hard this year to make each of the units and common areas extraordinarily beautiful for our residents.

Our Erie County community and our PRM community made gift giving so much easier for our Activity Aides by sending donations in and adopting residents. We couldn't be more thankful as everyone received items from their wish lists.

Thank you all for such a great end to 2021. We truly appreciate all that is done for our residents.



We appreciate your referrals!

If you are, or know anyone in need of the County's best rehabilitation and/or long term care, please share our Contact Information.

For information, please contact:

Carrie Still, Admissions Coordinator—814-474-5521, ext. 216
cstill@pleasantridgemanor.com

Residents Interact with A Celebrity!

December is so exciting! Snowfall that looks like one is living in a snow globe; shopping for the perfect gifts, singing along to those sentimental holiday songs, parties and food!

On December 23rd, our residents were greeted by one of the most famous celebrities known! Santa Claus was here during our annual holiday parties and made sure to stop at every unit giving everyone a candy cane from the North Pole.

While the pandemic kept the reindeer from coming inside, nothing was stopping Santa; leaving residents and staff full of the holiday cheer!

New Year, Great Expectations

Do you make New Year Resolutions? We do! These "promises" are a favorite topic and often involve more exercise and better sleep and eating habits. One resolution we can promise is to continue to provide great care again this year!



Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

Wiser Farms
Willow Run Training Group
McLane Church Care Fund
Nancy Kernin & Grey Save
Marcia Sutter

The following donations were made to the Friends Forever in loving memory of: Ed Reszkowski

By:
Mr. & Mrs. Thomas Palucki

The following donations were made to the Friends Forever in loving memory of: Cecelia Heim

By:
Mr. & Mrs. Jon (Judy) Whitmire

The following donations were made to the Friends Forever in loving memory of: Marie McMaster

By:
MacDonald Illig Attorneys
Mr. Wm. Stankiewicz/Larry Gerber

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.



Tip Of the Month:

We want to thank every employee, individual, family member, and organization that donated towards our Christmas gift giving program. This program wouldn't be as successful without the kindness and generosity of our community.



Spicy Pickled Grapes



















TOTAL TIME:
Prep: 10 min.
Cook: 10 min. + chilling
YIELD: 8 cups.

Ingredients

- 1/2 cup sugar
- 1/2 cup white vinegar
- 1/2 cup cider vinegar
- 1 banana pepper, sliced
- 2 jalapeno peppers, sliced
- 1 red chili pepper, sliced
- 4 cinnamon sticks (3 inches)
- 2 inches fresh gingerroot, peeled and th
- 1 tablespoon coriander seeds
- 1 teaspoon whole allspice
- 4 drops hot pepper sauce
- 1-1/2 pounds green grapes, halved
- 1-1/2 pounds seedless red grapes, halved

Directions 1. In a large saucepan, bring the first 11 ingredients to a boil. Reduce heat; simmer until sugar is dissolved, 3-5 minutes. Remove from heat and cool slightly. Place grapes in a large bowl; add pickling liquid. Refrigerate, covered, at least 12 hours before serving.

JANUARY 2022—Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	National Hot Tea Month National Skating Month National Soup Month National Get Organized Month National Eye	 			January Flower: Carnation January Birthstone: Garnet	1 Happy New Year 2:30 Bingo 7:00 Small Group Activity
2 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	3 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	4  2:30 Unit Games 7:00 Small Group Activity	5 2:30 Bingo 7:00 Small Group Activity	6 1:30 Bible Study 2:30 Prize Trivia 7:00 Small Group Activity	7  2:30 Pokeno 7:00 Small Group Activity	8  2:30 Bingo 7:00 Small Group Activity
9 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	10 1:30 Rosary 2:30 Sing Along  7:00 Small Group Activity	11  2:30 Word Games 7:00 Small Group Activity	12 2:30 Bingo  7:00 Small Group Activity	13 1:30 Bible Study 2:30 Winter Crafts 7:00 Small Group Activity	14 2:30 Pokeno 7:00 Small Group Activity	15  2:30 Bingo sponsored by Grace Episcopal Church 7:00 Small Group Activity
16 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	17 Martin Luther King Jr. Day 1:30 Rosary 2:30 Sing Along 7:00 Small Group Activity	18  2:30 Birthday Party Day! 7:00 Small Group Activity	19 2:30 Bingo 7:00 Small Group Activity	20 1:30 Bible Study  2:30 Unit Games 7:00 Small Group Activity	21  2:30 Pokeno 7:00 Small Group Activity	22  2:30 Bingo 7:00 Small Group Activity
23/30 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	24/31 1:30 Rosary 2:30 Sing Along (24th) 2:30 Sing Along (31st) 7:00 Small Group Activity	25  2:00 Movie Time 7:00 Small Group Activity	26 2:30 Bingo  7:00 Small Group Activity	27 1:30 Bible Study 2:30 Word Games 7:00 Small Group Activity	28 2:30 Pokeno 7:00 Small Group Activity	29  2:30 Bingo 7:00 Small Group Activity



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VOLUNTEER & ACTIVITIES NEWSLETTER

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TERRY NYBERG, President, PRM Friends

CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area ***Alzheimer's Association Support Group***

Normally held at Pleasant Ridge Manor continues to be suspended.

Contact the Alzheimer's Association for information

About how you can attend a support group virtually.

For more information: call Carrie Still 474-5521, extension 216.

It's easier than ever to make a donation to your favorite
nonprofit, The Friends Forever!

Visit our website www.pleasantridgemanor.com

And click on the red DONATE button at the top of the page.

100% of your tax-deductible donation is used for residents!



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