



Volunteer & Activities Newsletter

Your Choice for Quality Care

November
2022

PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

Updated Visitation Guidelines

The holidays are fast arriving and we'll have many calls to ask about visiting loved ones. Here's our most recent guidance:

*Small gatherings are permitted, with social distancing as space allows.

*Large gatherings require reservation for designated spaces. *Contact the Activities Department at (814) 474-5521, extensions 261/260.

*Visitors are still required to complete screening prior to entry and will be required to wear a mask throughout the visit.

*You may bring food and enjoy the food with your loved one while maintaining social distance.

*Once finished, visitors are expected to re-apply their masks for the remainder of the visit.

*If visitation is with a resident currently in a "yellow" or "red" zone, visitation must be in their room.

*If you visit more than one resident, on differing units, you must visit the resident in the "green" zone before going to a "yellow" or "red" zone. Thanks for your continuing support.



Olly ball to the left, cinnamon rolls to the right and a great band above!

Some of Our Favorite Things

Not only is October an absolutely beautiful month, it's also pretty darned fun around here! Oktoberfest with the Jam Starrs, breakfast groups that make & eat cinnamon rolls, and exercise with the "Olly Ball" make us happy and engaged with others.

Later in October, we always decorate pumpkins and dress up for the Halloween Parade & Party. Be sure to "Like Us" on Facebook and follow our website where we post current photos of events!



Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

*Mary Herl & the Outreach Opportunity Group
Kevin Clark
A Beautifully Anonymous Donor
Tiffany Freeborough
Ms. Judy Michaelson
Sandra Saliga*

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Christmas is Fast Approaching!

Every Christmas, our Activities Aides make a wish list for every one of their residents including clothing and other fun things one may want to receive for a gift. They include sizes and colors too!

Our employees adopt a resident buying them whatever was on their list, and then we match donations from our community to the wish lists.

Our Volunteer organization, the Friends Forever, even purchase gifts for those "hard to buy for" people. We fundraise for that every year.

Christmas is fast approaching and if you'd like to make a donation to the Friends Forever, you may do so online, or send us a check. If you'd like for your group or children to adopt a resident, please contact the Activities Department by calling (814) 474-5521, ext 260. We are happy to send to you a list of "wishes" that you may share!



November is National Hospice Month. Hospice has proven to be most beneficial for so many of our families. Please visit www.nahc.org/haa for more information about how to choose a [Hospice](#) Provider that will meet your family's needs.

Get your PRM "swag" before supplies run out!

Our Friends are selling some of their favorite items to make room for others! Items can be seen on the first floor, elevator lobby. Tee shirts are \$16, the other items are all \$10 or less! Very limited supplies make these items HOT!



NOVEMBER 2022 CALENDAR OF EVENTS

		<p>1</p> <p>2:30 Unit Games</p> <p>7:00 Small Group Activity</p>	<p>2</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>3</p> <p>1:30 Bible Study</p> <p>2:30 Prize Trivia</p> <p>7:00 Small Group Activity</p>	<p>4</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>5</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>6 Daylight savings</p> <p>9:30 Catholic Church</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Small Group Activity</p>	<p>7</p> <p>1:15 Rosary</p> <p>2:30 Sing Along</p>  <p>7:00 Small Group Activity</p>	<p>8 ELECTION DAY!</p> <p>11:00 Resident Council</p> <p>2:30 Word Games</p> <p>7:00 Small Group Activity</p>	<p>9</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>10</p> <p>1:30 Bible Study</p> <p>2:30 Unit Games</p> <p>7:00 Small Group Activity</p>	<p>11 Veteran's Day</p> <p>10:00 Veterans Day Program</p> <p>2:30 Todd Morton On Stage!</p> <p>7:00 Small Group Activity</p>	<p>12</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>13</p> <p>9:30 Catholic Church</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Small Group Activity</p>	<p>14</p>  <p>1:15 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Small Group Activity</p>	<p>15</p>  <p>2:30 Party with Mike & Marie Miller!</p> <p>7:00 Small Group Activity</p>	<p>16</p>  <p>2:30</p> <p>7:00 Small Group Activity</p>	<p>17</p> <p>1:30 Bible Study</p> <p>2:30 Word Games</p>  <p>7:00 Small Group Activity</p>	<p>18</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>19</p> <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>20</p> <p>9:30 Catholic Church</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Small Group Activity</p>	<p>21</p> <p>1:15 Rosary</p> <p>2:30 Sing Along</p>  <p>7:00 Small Group Activity</p>	<p>22</p> <p>2:30 Thankful Activity</p> <p>7:00 Small Group Activity</p>	<p>23</p>  <p>2:30 The Jam Starrs On Stage!</p> <p>7:00 Small Group Activity</p>	<p>24</p>  <p>2:30 Z Praise On Stage!</p> <p>7:00 Small Group Activity</p>	<p>25</p> <p>2:30 Pokeno</p> <p>7:00 Small Group Activity</p>	<p>26</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>
<p>27</p> <p>9:30 Catholic Church</p> <p>1:30 Protestant Church</p> <p>2:30 Coffee Hour</p> <p>7:00 Small Group Activity</p>	<p>28</p>  <p>1:15 Rosary</p> <p>2:30 Sing Along</p> <p>7:00 Small Group Activity</p>	<p>29</p>  <p>2:15 Movie Time</p> <p>7:00 Small Group Activity</p>	<p>30</p>  <p>2:30 Bingo</p> <p>7:00 Small Group Activity</p>	<p>31</p> <p>1:30 Bible Study</p> <p>2:30 Unit Games</p> <p>7:00 Small Group Activity</p>	<p>National Novel Month</p> <p>National Roasting Month</p> <p>National Healthy Skin Month</p> <p>National Model Railroad Month</p> <p>National Hospice Month</p> <p>National Adoption Month</p> <p>National Pumpkin Month</p>	

