



Volunteer & Activities Newsletter

Your Choice for Quality Care

December
2020

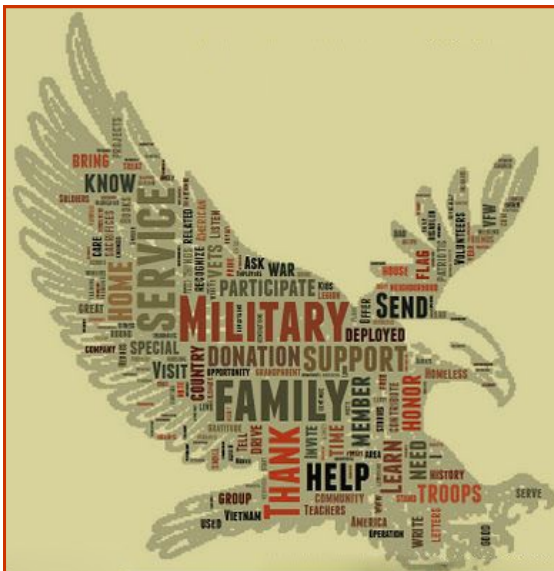
PUBLISHED MONTHLY
BY PLEASANT RIDGE
MANOR FRIENDS
FOREVER

Veteran's Day Celebration Honoring Our Service Men & Women



We joined with all of America in November to acknowledge and thank our Resident Veterans for the sacrifices they've made during their lives. We also acknowledged our Employee Veterans and thanked them for their service both to the Armed Forces, but also to our Residents.

We served a special breakfast with hand carved ham, hash brown potatoes, a delicious quiche, fresh fruit and cheese blintzes. Scones and delightfully soft donuts with a hot coffee finished off the meal. Activities Assistant Director, Jane, presented each Veteran with a special a thank you and Lakeland Area Hospice provided a special video presentation and individualized certificates.



Christmas Gift Giving



We are in the process of finalizing the guidelines and arrangements for gift giving this year. We will be sharing those with you shortly.

If you're buying clothing or other fabric gifts, please consider cotton/polyester blends. They hold up much better in our laundry than 100% cotton or wool, which wrinkle and shrink.

Donations from our community are always welcome, please call LeeAnn at (814) 474-5521, ext. 260 or Jane at ext. 261 for suggestions.

amazonsmile
You shop. Amazon gives.

When you shop using amazon.smile, and select the PRM Friends Forever, Amazon donates quarterly, a portion of the sale to the Friends. What a great way to donate!

The Friends have received several donations over the past few years and we're grateful!



Memorials & Donations

We thank the following for their financial or other contributions to the Pleasant Ridge Manor Friends Forever:

*Kathy Camp & the Sew What Group
Mary Herl & Outreach Opportunity Women's Ministry
of the Albion Assembly of God
Mr. Don Musolff*

The following donations were made to the Friends Forever in loving memory of: Beverly Boyd

By:

Jean Waterhouse

Terry Boyd

Margo Carraway

Gridley Chapter No. 324 O.E.S

100% of your donations are used to directly benefit the residents and are always greatly appreciated. If you'd like to make or discuss making a donation, call LeeAnn Krahe at (814)474-5521, extension 260. Checks may be written to Pleasant Ridge Manor Friends Forever and sent to the PRM address.

Upside Down Pear Gingerbread Cake

Prep: 20 minutes, Pre Heat to 350* Cook: 45 minutes, Servings 12, calories per piece: 368

2 ½ cups all-purpose flour
1 ½ teaspoons baking soda
2 teaspoons ground cinnamon
2 teaspoons ground ginger
1 teaspoon ground cloves
½ teaspoon salt
¼ cup butter
¼ cup brown sugar
1 (29 ounce) can pear halves, well drained
½ cup white sugar
½ cup butter, softened
1 egg
1 cup molasses
1 cup hot water

Mix your dry ingredients until thoroughly combined. Place 1/4 c. of butter into a 10" springform pan, put in oven and let the butter melt. Sprinkle the pan evenly with brown sugar. Pat dry the pear halves with paper towels & cut each into 3 slices lengthwise. Arrange in a spiral pattern on top of the brown sugar. Spray the insides of the pan with cooking spray. Beat the white sugar & 1/2 c. of butter until creamy; beat in the egg, then molasses. Mix the flour into the molasses mixture; then stir in the hot water. Carefully pour batter into the pan on top of pear slices. Bake in preheated oven until knife comes out clean, about 45–50 minutes. Cool completely before inverting on a serving dish and removing the pan.

Tip Of the Month:

The holidays are always joyful and triumphant. We share gifts, food, hugs and kisses. But this year will be a little different. You may feel that social distancing and wearing masks will make it less enjoyable, but it doesn't have to be!

Know your risks, and take precautions. Have smaller gatherings, open a window for better ventilation and turn up the heat if needed. Make hand wipes, or sanitizer available and in prominent places.










Create your own family fist bump by being silly and creative. Greet your family at the door with something creative.

Opt for pre-plating and skip the passing of the casseroles. Allow for people to sit scattered about instead of sitting closely at a table. And there's nothing wrong with using paper plates and disposable cups this year!

Think creatively, ask your guests to help keep each other safe, and enjoy your holiday!



December 2020—Volunteer/Activities Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Activities are subject to change due to Covid-19 protocol		1 9:30 Catholic Mass 2:30 Christmas Decorating 7:00 Small Group Activity	2 2:30 Bingo 7:00 Small Group Activity	3 1:30 Bible Study 2:30 Prize Trivia 7:00 Small Group Activity	4  2:30 Pokeno 7:00 Small Group Activity	5 2:30 Bingo 7:00 Small Group Activity
6 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	7 1:30 Rosary 2:30 Music Time  7:00 Small Group Activity	8 9:30 Catholic Mass 2:30 Word Games 7:00 Small Group Activity	9  2:30 Bingo 7:00 Small Group Activity	10 1:30 Bible Study 2:30 Holiday Crafts 7:00 Small Group Activity	11 2:30 Pokeno 7:00 Small Group Activity	12 2:30 Bingo 7:00 Small Group Activity
13 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	14 1:30 Rosary 2:30 Music Time  7:00 Small Group Activity	15 9:30 Catholic Mass  2:30 Birthday Party Day 7:00 Small Group Activity	16 2:30 Bingo 7:00 Small Group Activity	17 1:30 Bible Study 2:30 Unit Games 7:00 Small Group Activity	18 Hanukkah  2:30 Pokeno 7:00 Small Group Activity	19  2:30 Bingo 7:00 Small Group Activity
20 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	21 Winter Solstice 1:30 Rosary 2:30 Christmas Music 7:00 Small Group Activity	22 9:30 Catholic Mass 2:30 Christmas Party Day 7:00 Small Group Activity	23  2:30 Bingo 7:00 Small Group Activity	24 1:30 Bible Study 2:30 Christmas Movie Time  7:00 Small Group Activity	25 Merry Christmas  	26 Kwanzaa  2:30 Bingo 7:00 Small Group Activity
27 9:30 Catholic Mass 1:30 Protestant Church 2:30 Coffee Hour 7:00 Small Group Activity	28 1:30 Rosary 2:30 Music Time  7:00 Small Group Activity	29 9:30 Catholic Mass 2:30 Unit Games  7:00 Small Group Activity	30 2:30 Bingo 7:00 Small Group Activity	31 1:30 Bible Study 2:30 Word Games 7:00 Small Group Activity	Birthstone: Turquoise Flower: Holly	



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years!



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VOLUNTEER & ACTIVITIES NEWSLETTER

KATHY DAHLKEMPER, County Executive
ANDRE' HORTON, Chairman of the Board
ROBERT SMITH, Executive Director
CHARLEEN TURNER, Director of Nursing
TERRY NYBERG, President, PRM Friends
CO-EDITORS: LeeAnn Krahe,
Jane Dorler & Mary Beth Pfister

The West County Area

Alzheimer's Association Support Group

meeting will be held at Pleasant Ridge Manor

Wednesday, December 9, 2020

at 6:30 p.m.

For more information: call Carrie Altadonna 474-5521, extension 215.

Dropping off gifts or cards? Please make sure they are clearly marked with your loved one's name and unit. We will label all clothing so please consider gift bags instead of boxes. If you'd like to donate money toward our gift giving program, or our capital project fund, please visit our website at Www.pleasantridgemanor.com and click on the donate button.



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